



Ankle Cooler

RiteTemp™ Medical Products are based upon the unique thermal properties of HTF Exotherm® to provide re-useable self-regulated cooling solutions for accelerated healing and faster recovery from soft tissue damage and joint injury.

Although ice and frozen gel packs are commonly used for this same purpose they are too cold for the human body and will actually cause damage by restricting capillary blood flow if used continuously for more than 20 minutes or applied directly to the skin.

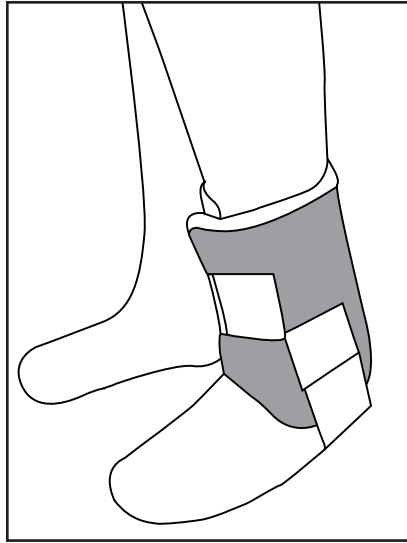
In contrast, RiteTemp™ products can be safely used for any length of time because they create the optimal healing temperature to reduce swelling without stopping blood flow. Extended cool therapy treatment with RiteTemp™ Medical Products allows for more rapid healing and recovery. Always consult your doctor to find the treatment that is right for you.

CHARGING

In their fully charged and ready to use state, HTF Exotherm® cells in this RiteTemp Ankle Cooler will be white and firm to the touch. As the RiteTemp™ Ankle Cooler is used, the cells will pass to a softer opaque state, to clear liquid with solid pieces or milky liquid, and finally to a completely clear fluid once the cooling charge is exhausted. Due to the way HTF Exotherm® absorbs heat, the RiteTemp™ Ankle Cooler provides full cooling power through the entire cooling cycle, even when the cooling cells are only partially charged.

50D Medical, an HTFx Company
315 Stan Dr
Melbourne, FL 32904
321-956-0050
<http://www.RiteTempMedical.com>

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The RiteTemp™ Ankle Cooler is charged for use by laying it flat in a refrigerator (temperature at or below 50°F [10°C]) for a minimum of 45 minutes, until the cooling cells are solid white and firm to the touch. The best charging times are achieved by placing the RiteTemp Ankle on a shelf or rack which provides airflow both above and below the cooling cells, rather than stacking the product with other items.

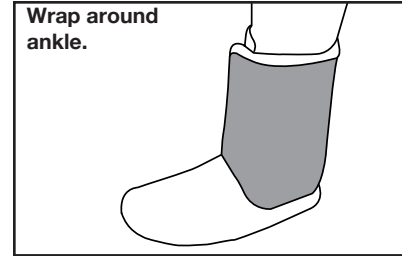
USE

The RiteTemp™ Ankle Cooler may be worn over thin clothing or directly against the skin.

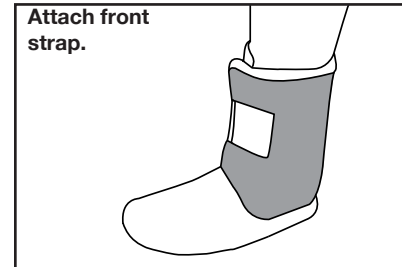
Remove the straps from the RiteTemp™ Ankle Cooler. Wrap the Ankle Cooler over the ankle to be treated from behind, with its curved edge facing down, and sides overlapping at the shin.



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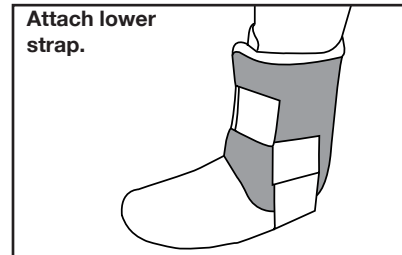


Wrap around ankle.
Face the cooling cells inward, with the fabric on the outside.



Attach front strap.

Attach the shorter of the two included straps where the RiteTemp™ Ankle Cooler overlaps, to keep it wrapped around the leg.



Attach lower strap.

Attach the longer strap on either side of the RiteTemp™ Ankle Cooler, looping under the arch of the foot, so that the cooling cells are drawn into full contact with the surface of the ankle.

The RiteTemp™ Ankle Cooler can be removed for recharging by peeling the ends of its straps off of the cooler. Do not tug at the centers of the straps to remove RiteTemp™ Ankle Cooler.

CLEANING AND CARE

- The RiteTemp™ Ankle Cooler may be charged and reused an unlimited number of times.
- The RiteTemp™ Ankle Cooler should be stored flat. It may be stacked with other items as long as there are no sharp edges to cause a tear or puncture. Ideally it can be stored in a refrigerator, ready for use.
- The straps and fabric backing of the RiteTemp™ Ankle Cooler may be hand washed in mild soap and water and allowed to air dry.
- The RiteTemp™ Ankle Cooler should not be stored wadded, balled up or folded.
- Do not microwave the RiteTemp™ Ankle Cooler.
- Do not store the RiteTemp™ Ankle Cooler near heat or flame.
- The exposed cooling cells and polymer surface of the RiteTemp™ Ankle Cooler may be cleaned with isopropyl alcohol, mild bleach solutions, soap or other disinfectant solutions. Do not apply bleach to the fabric portions of the RiteTemp™ Ankle Cooler.
- Do not use caustic or abrasive cleaners on the RiteTemp™ Ankle Cooler.
- Discontinue use of the RiteTemp™ Ankle Cooler if it becomes damaged or torn.

For more information about RiteTemp™ Medical Products, please visit:
RiteTempMedical.com



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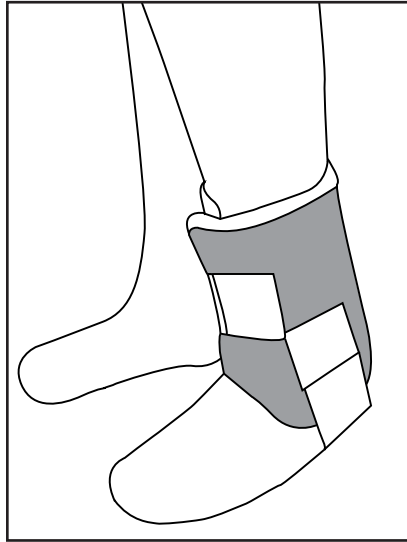
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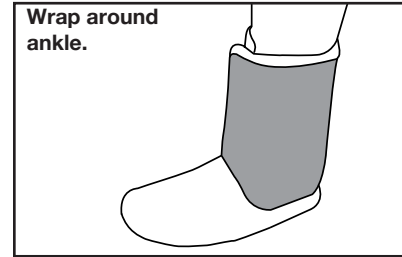
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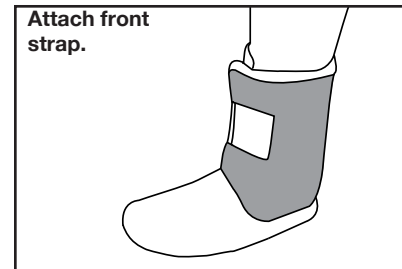
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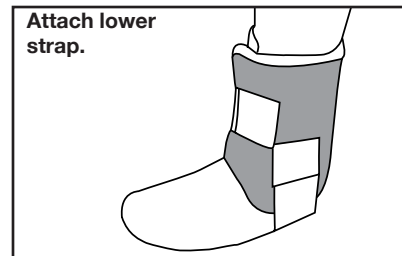
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Face the cooling cells inward, with the fabric on the outside.



Attach the shorter of the two included straps where the RiteTemp™ Ankle Cooler overlaps, to keep it wrapped around the leg.



Attach the longer strap on either side of the RiteTemp™ Ankle Cooler, looping under the arch of the foot, so that the cooling cells are drawn into full contact with the surface of the ankle.

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